



Use the “Food Bank for Foreigners”

What is Food Bank ?

Food bank is the activity that “provide donated food to those in need free of charge” and have two objectives: food loss reduction and welfare.

FICEC provides food bank for foreigners living in Fujimino-shi, Fujimi-shi, Miyoshi-machi and its neighborhood. If you need food assistance, please use the FICEC Food Bank.

Now, the number of foreigners living in Fujimino-shi, Fujimi-shi and Miyoshi-machi is rapidly increasing; from 6,500 in 2000 to over 8,000 in 2024. Some of them are unable to get jobs because they do not understand Japanese, and an increasing number of foreign residents are in need for a variety of reasons. Recently, the number of people coming to Japan from Central Asia and other countries and seeking refugee status has been increasing, and food bank needs are growing.

FICEC Food Bank is a food bank for foreigners.

- Anyone in need of food is welcome to use this service.
- Those in need of food should come directly to FICEC to pick up food.
- Please take food items you need from the Food Bank section when you come to FICEC for daily life counseling, Japanese language classes, International Children's Club, translation requests, etc. Rice, bread, spaghetti, cup noodles/retort curry, canned food, seasonings, and sweets are available.

If you need Halal food, please contact us in advance.

If you are unable to pick up the food at FICEC, please contact us.

We will pack and deliver a box of food for a few days.

《FICEC Food Bank Promise》.

- Do not sell food bank food.
- Foods must be eaten within the expiration date.
- Store food away from direct sunlight.



Saitama General Consultation Center for Foreign Residents

Saitama General Consultation Center for Foreign Residents offers consultation services in 13 languages for all aspects of daily life.

You can consult in the following 13 languages:

**English, Spanish, Chinese, Portuguese, Korean, Tagalog, Thai, Vietnamese
Indonesian, Nepalese, Russian, Ukrainian, and easy Japanese**

Immigration Consultation	Monday, Wednesday, Friday	9:00~16:00
Legal consultation (appointment required)	Every 4th Thursday of the month	13:00~16:00
Labor consultation (appointment required)	Every 3rd Tuesday of the month	13:00~16:00
Welfare consultation (appointment required)	Monday - Friday	9:00~16:00



[Consultation and appointment] Phone/048-833-3296 [Mail/sodan@sial1.jp](mailto:sodan@sial1.jp)

Let's enjoy the year-end and New Year events in Japan!

In Japan, December and January are special months for various events, and there are year-end and New Year's events at home as well. Let's enjoy the year-end and New Year's events in Japan.

■ Hagoitaichi (Hagoita Market)

This year, the Hagoita Market will be held at Sensoji Temple in Tokyo for three days from December 17 to 19. At the Hagoita Market, artistic Hagoita boards made with beautiful materials and skilled craftsmanship will be displayed and sold.



■ New Year's Eve soba (toshikoshi soba) and ozoni (ozoni)

New Year's Eve soba (buckwheat noodles) is a type of soba eaten on December 31, known as "O-misoka," or New Year's Eve. It is a Japanese cultural tradition that took root in the Edo period (1603-1867) and has the meaning of "cutting off misfortune for the year.

Ozoni is eaten at the beginning of the year. Ozoni is a dish of simmered chicken or seasonal vegetables and rice cakes, with a variety of flavors and ingredients.



■ Joya-no-Kane (Bell ringing on New Year's Eve)

It is a Japanese Buddhist event in which temple bells are rung 108 times on the night of Omisoka (December 31). On the night of New Year's Eve, people listen to the sound of the temple bell and wish to get rid of the suffering of the past year and welcome the New Year with a pure heart. Some temples allow the general public to ring the bell on this day only.



■ New Year's gift (Otoshidama)

It is the custom to give money, mostly to children, as a gift to celebrate the New Year. It is one of the New Year customs that children look forward to.



■ Hatsumode (First Pilgrimage)

It is an annual event in Japan where people visit shrines and temples for the first time in the New Year. People offer thanksgiving for the past year and pray for a safe and peaceful new year. At shrines and temples, many people purchase omikuji (written oracle), omamori (charms), and o-fuda (type of household amulet or talisman, issued by a Shinto shrine, hung in the house for protection).

International Children's Club Holidays FICEC Japanese Language Class In Year-end and New Year



Saturday, **December 28** and Saturday,
January 4 are closed.

On November 1, the law has changed



✗Do not make phone calls or look at your phone while riding a bicycle!

✗Do not ride a bicycle after drinking alcohol!

If you do not obey the law, you will be punished.

People who offer alcohol to someone who is about to ride a bicycle will also be punished.